

How To Dress Your Baby for Summer

Some people would say becoming parents was the best thing to ever happen to them. While some parents take that as the gift, others take it as a gift that overwhelms them all the time. Since our babies are reliant on us for even the tiniest of things, every parent is always looking for more ways to keep their baby comfortable and happy at all times.

While it is easy to bundle up the babies when the weather is cold, things get a little tricky when it comes to dressing up our babies for summer. In winters, we can bundle them up, keep them inside and if their tiny hands and feet are still cold, we can increase the thermostat in the home.

Summer? Not a chance. They can sweat, get rashes and if we make them wear clothes that are a little too light, they can catch a cold. If they wear too many clothes, they can get heatstroke and get sick anyway. So, striking that perfect balance is very important.

Here are some tips that will help you with dressing your baby up for the summer and make sure they are comfortable at all times.

Invest in Some Onesies

Onesies are some of those items that should be in your baby's wardrobe at all times. They are versatile and easily available in various styles and fabrics. For summers, you can get onesies that come with short sleeves, are made from cotton and do not have any synthetic fabric in it. No wool or fleece for the summer, and no socks when there is no AC on.

Avoid Overdressing Your Baby

This is one thing that most parents struggle with. They don't know if the clothes they are putting on their baby are enough or too much. The best way to make sure you don't overdress your baby is by carrying a light blanket or cover up with you. Just make sure that the baby is comfortable in the clothes, but if the weather gets a little windy or cold, you can wrap your baby up in a light blanket.

Keep a Wide Brimmed Hat with You

When you pack a baby bag, make sure you keep a wide brimmed hat in your bag. This is especially important if you are taking your baby out in a place where they will be exposed to a lot of sun. The hat will keep their necks and their face from direct sun. The hats become even more important when your baby doesn't have much hair on their head.

Light Colors Are Your Best Friend

Remember that when you go shopping for [summer clothes](#) for your baby, you pick-up light-colored clothes. The lightweight fabric mixed with light colors will make sure the clothes do not absorb heat. Colors like white, beige, sky blue, light green and yellow will make sure your baby stays nice and cool even when it is hot as hell outside. Of course, don't forget their sunscreen and you will be good to go.